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funden con las demandas de los pacientes, sus necesidades y las esperanzas de permanecer en la gracia de la SALUD. Fri, 21 Dec 2018 10:57:00 GMT Understanding Depression - Harvard Health - Depression is more than a passing bout of sadness or dejection, or feeling down in the dumps. It can leave you feeling continuously burdened and can sap the joy out of once-pleasurable activities. In Understanding Depression, find out how effective treatment can lighten your mood, strengthen your connections with loved ones, allow you to find... Sat, 12 Jan 2019 10:17:00 GMT Understanding Depression - STRONGPATH - Understanding Depression - Harvard Health Understanding Depression - Harvard Health Medications for depression: Which is best? Image: iStock. One day, a detailed knowledge of the biology of depression may help us to predict which antidepressant will work best for each person. Right now, though, psychiatrists and other doctors who prescribe antidepressants choose a particular drug and dosage ... Tue, 15 Jan 2019 20:58:00 GMT Understanding Depression - Harvard Health - blogspot.com - In this Special Health Report, Harvard doctors share 12 strategies to dispel the symptoms of depression.

These are strategies that will rekindle optimism and self-esteem, renew your energy and enthusiasm, and reconnect you with the people and pursuits you love most. Understanding Depression - Harvard Health - What follows is an overview of the current understanding of the major factors believed to play a role in depression. The brain's impact on depression Popular lore has it that emotions reside in the heart. What causes depression ? - Harvard Health -

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